



Volunteer Opportunities

Thank you for considering partnership with Fredericksburg Pregnancy Center as a volunteer. This list suggests some areas of involvement, along with estimated time requirements where appropriate. Please indicate your interest by checking all areas you may be interested in and completing your contact information.

___ **Prayer Partners** – Keep the Fredericksburg Pregnancy Center bathed in prayer through an email prayer chain. You will receive email updates with our many spiritual and physical requests, and you are asked to pray for the Lord's provision. 1 hour per week on your own or Mondays, 12 noon, at the Center.

Client Services Opportunities:

___ **Helpline*** – Answer the phone line during non-business hours from your home. Make appointments, answer questions about the services the center provides and take messages. Requires additional 3-hour block of training. Ongoing commitment: Daily coverage 4pm-9am; weekends.

___ **Receptionist*** – Work in the pregnancy center office answering telephone. Requires 3-hour block of training.

___ **Earn While You Learn Program Facilitators*** – Mentoring classes for women and their families.

___ **Consultant*** - Help a woman in an unplanned pregnancy by providing her with information about her options, the truth about abortion and the freedom to be found in Jesus. Requires Volunteer training and in office practical training. Ongoing commitment: one 3-hour shift per week.

___ **Material Resources** – Diapers and other resources needed for families served at the Center and at our two (2) Baby Boutiques (contact us for details on our current needs).

Support Services Opportunities:

___ **Church Liaison** – Receive Fredericksburg Pregnancy Center newsletters/emails and coordinate flow of information between us and your church. Keep church leadership informed about how the Lord is touching lives at the Center and coordinate bulletin announcements of events and training. Works with Director to promote events. Time commitment varies.

___ **Cleaning Team** – Help clean the pregnancy center facility. Commitment: 3 hours per month.

___ **Mail Team** – Help assemble bulk mailings. Commitment: 3-4 hours per month

___ **IT/Technical Support** – Provide on-call assistance to the staff for computer operations, including troubleshooting; updating software, or physically setting up computer and related equipment. Time commitment varies.

___ **Outreach Team*** – Help the Director in church and donor development, speaking engagements and events. Includes many opportunities for your gifts to be used. Time commitment varies.

___ **College Outreach** – Outreach to our colleges via community and campus events (volunteer must be at least 18-25 years old)

___ **Administrative*** – Assist with administrative duties. Time commitment/tasks vary.

___ **Other** – (Please indicate any other talents or gifts you would like to offer.)

Additional Opportunities:

___ **Annual Walk for Life Event** – Opportunities and time commitment varies.

___ **Annual Baby Bottle Campaign** – Opportunities and time commitment varies.

Name: _____ Phone: _____ Email: _____

*Volunteer training is required